

# Linear Model Selection and Regularization

- Recall the linear model

$$Y = \beta_0 + \beta_1 X_1 + \cdots + \beta_p X_p + \epsilon.$$

- In the lectures that follow, we consider some approaches for extending the linear model framework. In the lectures covering Chapter 7 of the text, we generalize the linear model in order to accommodate *non-linear*, but still *additive*, relationships.
- In the lectures covering Chapter 8 we consider even more general *non-linear* models.

## In praise of linear models!

- Despite its simplicity, the linear model has distinct advantages in terms of its *interpretability* and often shows good *predictive performance*.
- Hence we discuss in this lecture some ways in which the simple linear model can be improved, by replacing ordinary least squares fitting with some alternative fitting procedures.

## Why consider alternatives to least squares?

- *Prediction Accuracy*: especially when  $p > n$ , to control the variance.
- *Model Interpretability*: By removing irrelevant features — that is, by setting the corresponding coefficient estimates to zero — we can obtain a model that is more easily interpreted. We will present some approaches for automatically performing *feature selection*.

## Three classes of methods

- *Subset Selection*. We identify a subset of the  $p$  predictors that we believe to be related to the response. We then fit a model using least squares on the reduced set of variables.
- *Shrinkage*. We fit a model involving all  $p$  predictors, but the estimated coefficients are shrunk towards zero relative to the least squares estimates. This shrinkage (also known as *regularization*) has the effect of reducing variance and can also perform variable selection.
- *Dimension Reduction*. We project the  $p$  predictors into a  $M$ -dimensional subspace, where  $M < p$ . This is achieved by computing  $M$  different *linear combinations*, or *projections*, of the variables. Then these  $M$  projections are used as predictors to fit a linear regression model by least squares.

## Choosing the Optimal Model

- The model containing all of the predictors will always have the smallest RSS and the largest  $R^2$ , since these quantities are related to the training error.
- We wish to choose a model with low test error, not a model with low training error. Recall that training error is usually a poor estimate of test error.
- Therefore, RSS and  $R^2$  are not suitable for selecting the best model among a collection of models with different numbers of predictors.

## Estimating test error: two approaches

- We can indirectly estimate test error by making an *adjustment* to the training error to account for the bias due to overfitting.
- We can *directly* estimate the test error, using either a validation set approach or a cross-validation approach, as discussed in previous lectures.
- We illustrate both approaches next.

## Validation and Cross-Validation

- Each of the procedures returns a sequence of models  $\mathcal{M}_k$  indexed by model size  $k = 0, 1, 2, \dots$ . Our job here is to select  $\hat{k}$ . Once selected, we will return model  $\mathcal{M}_{\hat{k}}$
- We compute the validation set error or the cross-validation error for each model  $\mathcal{M}_k$  under consideration, and then select the  $k$  for which the resulting estimated test error is smallest.
- This procedure has an advantage relative to AIC, BIC,  $C_p$ , and adjusted  $R^2$ , in that it provides a direct estimate of the test error, and *doesn't require an estimate of the error variance  $\sigma^2$* .
- It can also be used in a wider range of model selection tasks, even in cases where it is hard to pinpoint the model degrees of freedom (e.g. the number of predictors in the model) or hard to estimate the error variance  $\sigma^2$ .

## Details of Previous Figure

- The validation errors were calculated by randomly selecting three-quarters of the observations as the training set, and the remainder as the validation set.
- The cross-validation errors were computed using  $k = 10$  folds. In this case, the validation and cross-validation methods both result in a six-variable model.
- However, all three approaches suggest that the four-, five-, and six-variable models are roughly equivalent in terms of their test errors.
- In this setting, we can select a model using the *one-standard-error rule*. We first calculate the standard error of the estimated test MSE for each model size, and then select the smallest model for which the estimated test error is within one standard error of the lowest point on the curve. *What is the rationale for this?*

# Shrinkage Methods

## *Ridge regression* and *Lasso*

- The subset selection methods use least squares to fit a linear model that contains a subset of the predictors.
- As an alternative, we can fit a model **containing all  $p$  predictors** using a technique that *constrains* or *regularizes* the coefficient estimates, or equivalently, that *shrinks* the coefficient estimates towards zero.
- It may not be immediately obvious why such a constraint should improve the fit, but it turns out that shrinking the coefficient estimates can significantly reduce their variance.

## The Lasso

- Ridge regression does have one obvious disadvantage: unlike subset selection, which will generally select models that involve just a subset of the variables, ridge regression will include all  $p$  predictors in the final model
- The *Lasso* is a relatively recent alternative to ridge regression that overcomes this disadvantage. The lasso coefficients,  $\hat{\beta}_\lambda^L$ , minimize the quantity

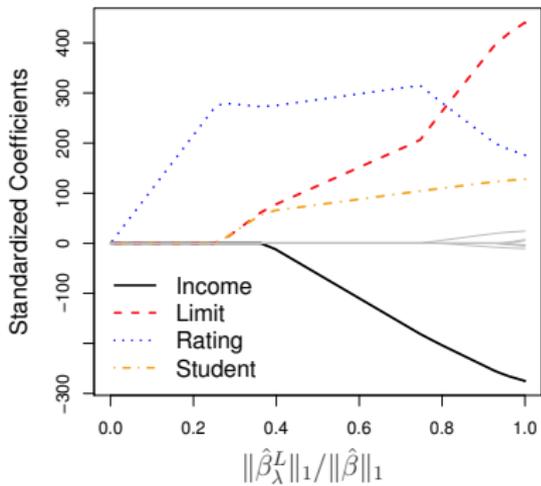
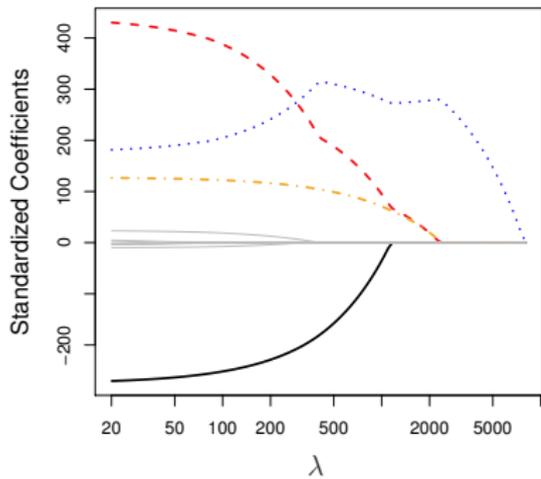
$$\sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^p |\beta_j| = \text{RSS} + \lambda \sum_{j=1}^p |\beta_j|.$$

- In statistical parlance, the lasso uses an  $\ell_1$  (pronounced “ell 1”) penalty instead of an  $\ell_2$  penalty. The  $\ell_1$  norm of a coefficient vector  $\beta$  is given by  $\|\beta\|_1 = \sum |\beta_j|$ .

## The Lasso: continued

- As with ridge regression, the lasso shrinks the coefficient estimates towards zero.
- However, in the case of the lasso, the  $\ell_1$  penalty has the effect of forcing some of the coefficient estimates to be exactly equal to zero when the tuning parameter  $\lambda$  is sufficiently large.
- Hence, much like best subset selection, the lasso performs *variable selection*.
- We say that the lasso yields *sparse* models — that is, models that involve only a subset of the variables.
- As in ridge regression, selecting a good value of  $\lambda$  for the lasso is critical; cross-validation is again the method of choice.

## Example: Credit dataset



## The Variable Selection Property of the Lasso

Why is it that the lasso, unlike ridge regression, results in coefficient estimates that are exactly equal to zero?

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One can show that the lasso and ridge regression coefficient estimates solve the problems

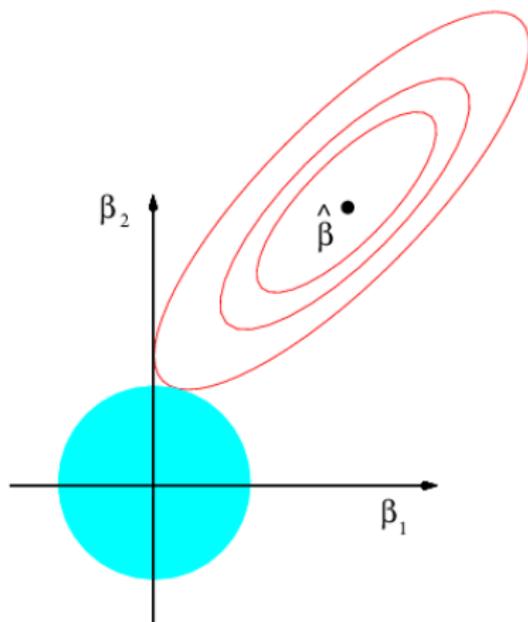
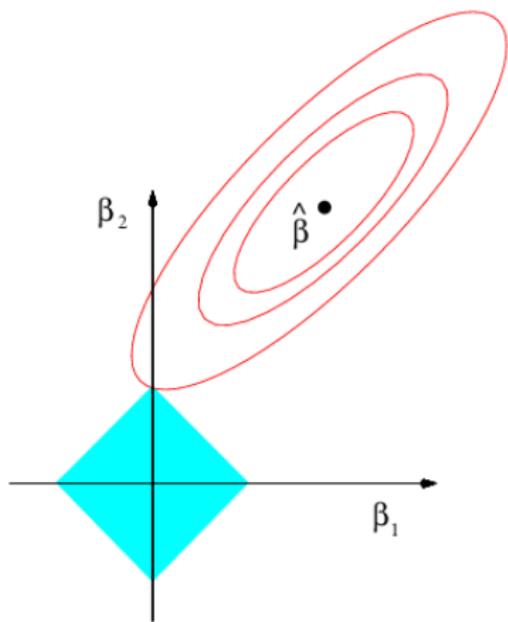
$$\underset{\beta}{\text{minimize}} \sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \text{subject to} \quad \sum_{j=1}^p |\beta_j| \leq s$$

and

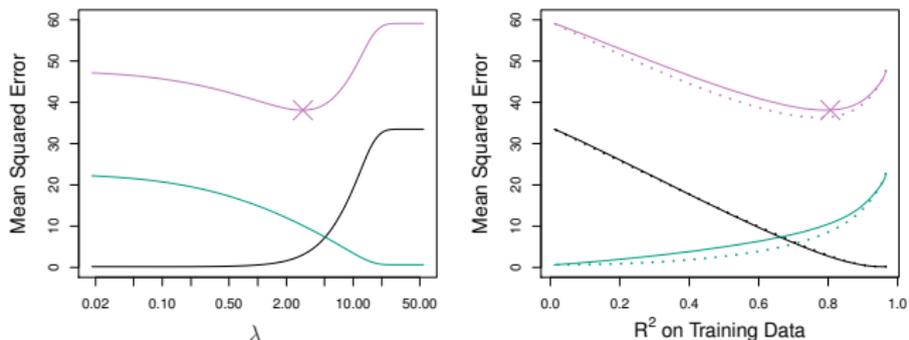
$$\underset{\beta}{\text{minimize}} \sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \text{subject to} \quad \sum_{j=1}^p \beta_j^2 \leq s,$$

respectively.

# The Lasso Picture



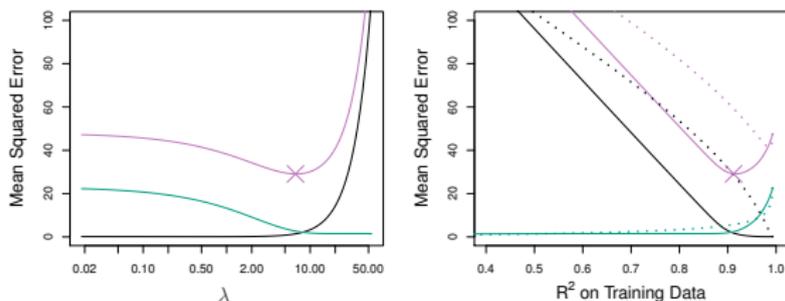
## Comparing the Lasso and Ridge Regression



*Left:* Plots of squared bias (black), variance (green), and test MSE (purple) for the lasso on simulated data set of Slide 32.

*Right:* Comparison of squared bias, variance and test MSE between lasso (solid) and ridge (dashed). Both are plotted against their  $R^2$  on the training data, as a common form of indexing. The crosses in both plots indicate the lasso model for which the MSE is smallest.

## Comparing the Lasso and Ridge Regression: continued



*Left:* Plots of squared bias (black), variance (green), and test MSE (purple) for the lasso. The simulated data is similar to that in Slide 38, except that now only two predictors are related to the response. *Right:* Comparison of squared bias, variance and test MSE between lasso (solid) and ridge (dashed). Both are plotted against their  $R^2$  on the training data, as a common form of indexing. The crosses in both plots indicate the lasso model for which the MSE is smallest.

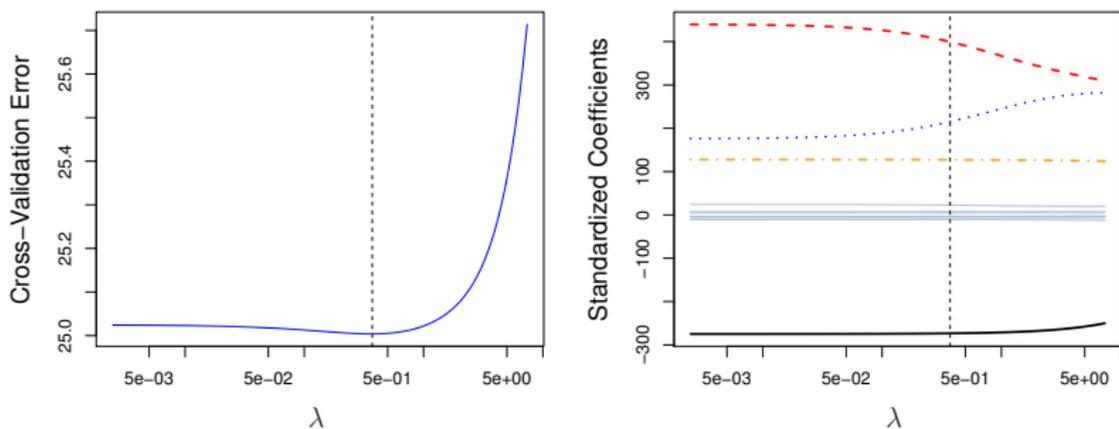
## Conclusions

- These two examples illustrate that neither ridge regression nor the lasso will universally dominate the other.
- In general, one might expect the lasso to perform better when the response is a function of only a relatively small number of predictors.
- However, the number of predictors that is related to the response is never known *a priori* for real data sets.
- A technique such as cross-validation can be used in order to determine which approach is better on a particular data set.

## Selecting the Tuning Parameter for Ridge Regression and Lasso

- As for subset selection, for ridge regression and lasso we require a method to determine which of the models under consideration is best.
- That is, we require a method selecting a value for the tuning parameter  $\lambda$  or equivalently, the value of the constraint  $s$ .
- *Cross-validation* provides a simple way to tackle this problem. We choose a grid of  $\lambda$  values, and compute the cross-validation error rate for each value of  $\lambda$ .
- We then select the tuning parameter value for which the cross-validation error is smallest.
- Finally, the model is re-fit using all of the available observations and the selected value of the tuning parameter.

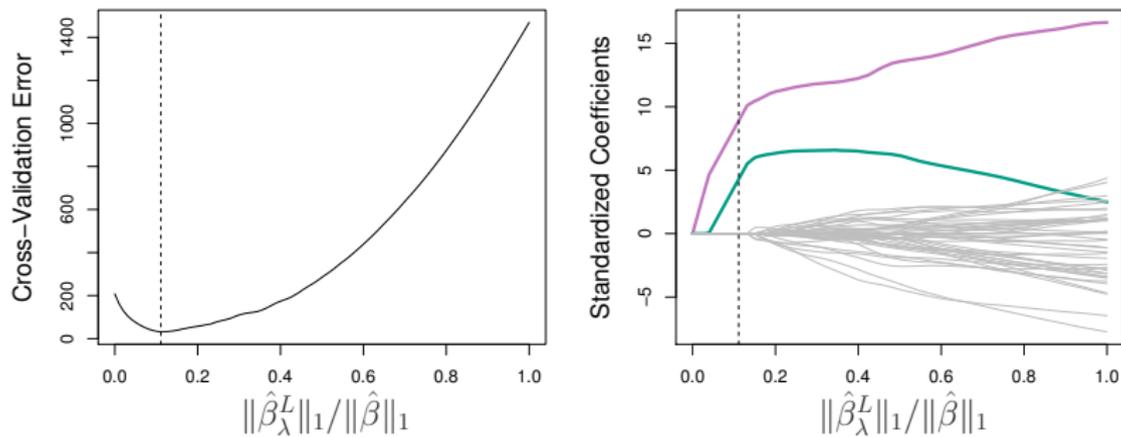
## Credit data example



**Left:** Cross-validation errors that result from applying ridge regression to the **Credit** data set with various values of  $\lambda$ .

**Right:** The coefficient estimates as a function of  $\lambda$ . The vertical dashed lines indicates the value of  $\lambda$  selected by cross-validation.

## Simulated data example



*Left:* Ten-fold cross-validation MSE for the lasso, applied to the sparse simulated data set from Slide 39. *Right:* The corresponding lasso coefficient estimates are displayed. The vertical dashed lines indicate the lasso fit for which the cross-validation error is smallest.

## Dimension Reduction Methods

- The methods that we have discussed so far in this chapter have involved fitting linear regression models, via least squares or a shrunken approach, using the original predictors,  $X_1, X_2, \dots, X_p$ .
- We now explore a class of approaches that *transform* the predictors and then fit a least squares model using the transformed variables. We will refer to these techniques as *dimension reduction* methods.

# Summary

- Model selection methods are an essential tool for data analysis, especially for big datasets involving many predictors.
- Research into methods that give *sparsity*, such as the *lasso* is an especially hot area.
- Later, we will return to sparsity in more detail, and will describe related approaches such as the *elastic net*.